



live your  
*best* life

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YUGOeco

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# Our monthly activities plan.

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2023 through 2024.

# September 23.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Theme: Read a new book month.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
Zero waste week					German language day 🇩🇪	
Labour day	International day of charity			International literacy day 📖		
11	12	13	14	15	16	17
		International chocolate day			World clean up day	
					Rosh Hashanah	
18	19	20	21	22	23	24
Ganesh Chaturthi				World gratitude day ✨		
25	26	27	28	29	30	
Yom Kippur				Michaelmas	International podcast day	
				Moon festival		

# October 23.

Theme: Mental health month.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 International coffee day World vegetarian day
2 International day of non-violence	3	4 World animal day 🐾	5	6 World smile day 😊	7	8
9 Canadian thanksgiving & Columbus day World Beer and pizza day	10 World mental health day World homeless day 🏠	11	12	13	14	15
16 World food day 🍴	17	18	19	20	21 International nachos day	22
23	24 United nations day 🇺🇳	25 World pasta day 🍝 international artist day 🎨	26	27	28	29
30	31 Halloween Diwali					

# November 23.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Theme: World vegan month, and Movember.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 All saints' day World vegan day	2	3	4	5 World run day 🏃 Guy Fawkes (fireworks night) 🎆
6	7	8	9	10	11 Veterans day	12 Diwali
Talk money week						
13 World kindness day	14	15	16 International day of tolerance	17 International students' day 🎓	18	19
20	21 Entrepreneurs' day	22	23 Thanksgiving 🍂	24	25 Support small business day	26
27	28	29	30 St. Andrews day			
Reducing waste week – The Yugo Movement						

# December 23.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Theme: Holiday season.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Reducing waste week – The Yugo Movement	2	3 Make a gift day 📦
4	5 World soil day 🌱	6 St Nicholas day	7	8	9 Gingerbread decorating day	10
11	12	13	14	15 Ugly Christmas sweater day	16	17
18 World Arabic language day حلال	19	20	21	22	23	24 Christmas Eve
25 Christmas day 🎄	26 Boxing day	27	28	29 Tik tok day	30	31

# January 24.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Theme: International balanced life month.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> News Years day Global family day 🧑🏻‍🤝‍🧑🏻	<b>2</b>	<b>3</b> International mind-body wellness day	<b>4</b>	<b>5</b>	<b>6</b> Three Kings	<b>7</b> Orthodox Christmas day
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b> Brew Monday 🍷	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> Take a walk outdoors day 🚶	<b>21</b> World snow day World religion day
<b>22</b> Celebration of life day 🎂	<b>23</b>	<b>24</b> Tu BiShvat	<b>25</b> Burns night	<b>26</b> Australia day	<b>27</b> International Holocaust remembrance day	<b>28</b> International reducing Co2 emissions day
<b>29</b>	<b>30</b>	<b>31</b>				

# February 24.

Theme: Black history month.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
			1	2	3	4	
			African heritage and health week				World cancer day
5	6	7	8	9	10	11	
African heritage and health week					Chinese New Year	Super bowl Sunday 🏈	
World Nutella day							
12	13	14	15	16	17	18	
	Pancake day 🥞	Valentines' day 💕		Innovation day	World human spirit day		
	Self-love day 🌟	International book giving day					
19	20	21	22	23	24	25	
			World yoga day 🧘		Lantern festival		
26	27	28	29				
	World NGO day						



# March 24.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Theme: Live Your Best Life rising star month.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 March fourth	5	6	7	8 International women's day	9	10 Ramadan Universal women's week
11	12	13	14	15	16	17
Ramadan						
Universal women's week						St Patrick's day 🍀
	Plant a flower day 🌻			World sleep day zzz		
18	19	20	21	22	23	24
Ramadan						
Water saving week – The Yugo Movement					Puppy day 🐶	Flatmate's day
Global recycling day ♻️		International day of happiness		World water day		
25	26	27	28	29	30	31
Ramadan						
International waffle day 🍩	Purple day 💜			Good Friday	Earth hour	Easter Sunday
						International transgender day of visibility

# April 24.

Theme: Stress awareness month.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
Ramadan						
Easter Monday April fools' day		World party day 🎉	Vitamin C day 🍊			World health day
8	9	10	11	12	13	14
Ramadan	9 Eid Al Fitr			International day of pink 💕		
15	16	17	18	19	20	21
International microvolunteering day			Student grief awareness day		Chinese language day 🇨🇳	
22	23	24	25	26	27	28
Earth day 🌍	St George's day World table tennis day 🏓	Stop food waste day 🚫	Anzac day			
29	30					

# May 24.



- International recognised days
- Notable days
- Religious days
- Yugo movement

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 May day	2	3	4	5 Cinco de mayo 🌸
6	7 Tourist day	8	9	10	11	12 International nurses' day 🧑🏻⚕️
13 World cocktail day 🍸 International hummus day	14	15	16 Global accessibility awareness day	17 International day against homophobia, transphobia and biphobia	18 Plant a lemon tree day 🍋	19 World baking day
20 World bee day 🐝	21 International tea day World meditation day	22	23	24	25	26
27 Memorial day	28 Menstrual hygiene day	29	30	31 World no tobacco day		

# June 24.

Theme: Pride month.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Global day of parents	2
3 World bicycle day 🚲	4	5 World environment day Global running day 🏃	6	7	8 World oceans day 🌊	9
10 Dragon boat festival	11	12	13	14 World blood donor day 🩸	15	16 Fresh veggies day 🥬 World tapas day
17	18 International sushi day 🍣 international picnic day	19 Juneteenth	20 Summer solstice	21 International yoga day	22 B kinder day Positive media day	23 Public service day
24 Swim a lap day 🏊	25	26 World refrigeration day	27	28	29	30

# July 24.

Theme: Plastic free month.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> Second half of the year International chicken wing day International joke day	<b>2</b>	<b>3</b> International plastic bag free day	<b>4</b> Independence day 🇺🇸	<b>5</b>	<b>6</b>	<b>7</b> World chocolate day 🍫
<b>8</b>	<b>9</b> Fashion day 👗	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> Bastille day
<b>15</b>	<b>16</b>	<b>17</b> World emoji day	<b>18</b>	<b>19</b>	<b>20</b> International chess day ♟️	<b>21</b>
<b>22</b>	<b>23</b> Peanut butter and chocolate day 🥜🍫	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> World hepatitis day
<b>29</b>	<b>30</b> International day of friendship 🤝	<b>31</b>				

# August 24.

Theme: Turn season.

- International recognised days
- Notable days
- Religious days
- Yugo movement



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Clean your floors day	4
5 Blogger day 🧑🏻💻	6	7 Professional speakers' day	8 International cat day 🐱	9	10 Vlogging day Qixi Festival (Chinese Valentine Day)	11 Mountain day 🏔️
12 International youth day	13	14	15	16 World Bratwurst day	17	18 Never give up day
19 World photography day 📷	20	21 Poet's day	22 Burger day 🍔	23	24	25
26	27	28	29	30 National beach clean up day 🏖️	31 We love memoirs day	